

5

Trace Training Developing People

Developing your high performance team

Cohesive teams are developed; they are not a result of grouping high performance individuals together and hoping they will meld.

Module 1: Building a Cohesive Team

Business teams can learn a lot from the great teams in sports. Sporting teams develop their cohesion by harnessing their emotional energy. The greater the intensity of the emotional energy of a sporting team, the greater the cohesion and the more successful the team becomes. Emotional energy is also at the heart of any successful business team. The loyalty, devotion, and commitment that the team members share determines how likely the team is to succeed. When teams are cohesive, they share the same core values that underlie their decision-making, customer service, and integrity. This session will strengthen your team's core values and highlight the emotional energy that will drive them to success.

Module 2: How to Motivate & Inspire Struggling Teams

In this training session you will learn to understand exactly how to motivate and inspire struggling teams and lead them to high levels of performance. You will be taught some simple, easy to implement strategies that will help you to identify unhelpful thoughts, feelings and behaviours in your team members and change these to the more effective strategies of a winning team. You will learn how to build trust, share clarified goals, obtain commitment and implement the "who does what" in your winning team.

Module 3: Maintaining your Top Performing Team

Long-standing teams can often lose motivation or can become lack-luster in their emotional energy. To maintain high levels of performance in a team, team members must support the hidden talents, nurture winning partnerships, and recognise the characteristics of their team members that help them to work together to achieve their common goal. All teams have natural stages and challenges which tend to influence their emotional energy over long-periods of time. This module will provide you with the skills to overcome common team related problems in a highly interactive session that will keep your team moving, learning, thinking, and planning as a cohesive, high performing, goal driven unit.

Facilitated Question and Answer Session

New South Wales

4A1/410 Elizabeth Street
Surry Hills NSW 2010
PO Box 274, Strawberry Hills
Sydney NSW 2012

T: 02 9281 5466

Queensland

Level 6, Suite 4, 138 Albert Street
Brisbane QLD 4000
GPO Box 823
Brisbane QLD 4001

T: 07 3391 6912

Victoria

Level 1, 530 Lonsdale Street
Melbourne VIC 3000
PO Box 13323 Law Courts
Melbourne VIC 8010

T: 03 9325 4955